

Introduction

The proposed project is the starting of a vegetable/fruit garden on the roof of Vision First in Sheung Wan. The project will add an extra nutritious, sustainable food supply to the food services Vision First offers its members.

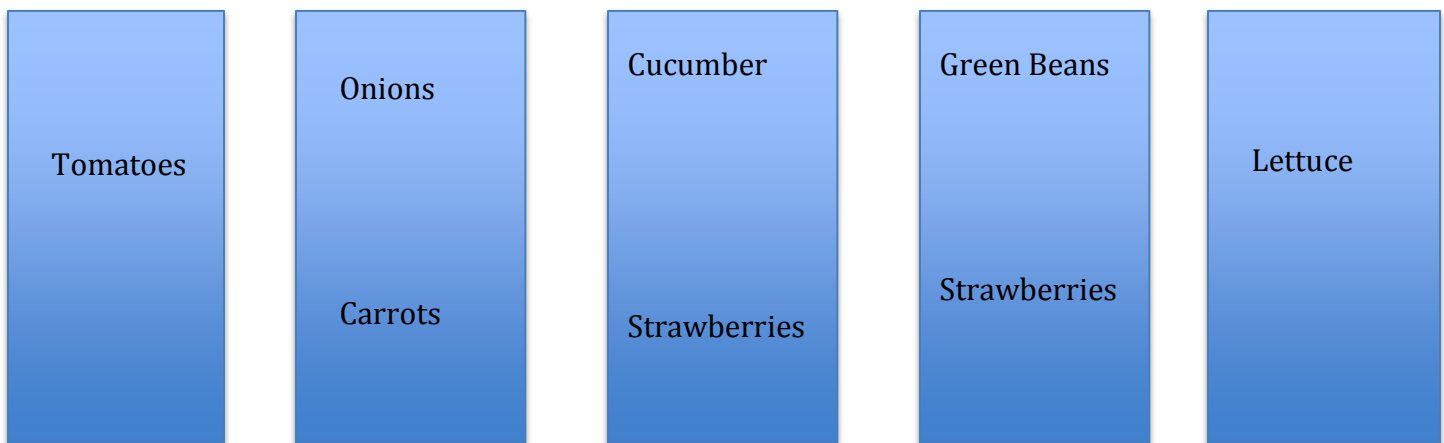
The garden will grow tomatoes, carrots, red onions, cucumber, lettuce, green beans and strawberries for the summer season (June to September) and will be cultivated in crates following the square-foot method of gardening.

Proposed Work

Our student group from RCHK will buy the supplies needed for the initiation of the garden which will include: seeds, 5 crates, soil, organic fertilizer, trowels, a spade, a small shovel, gloves, plastic sheets and bricks.

The project will be started on Saturday, June 26th at Vision First at 10:00 AM and will be attended by five VF members and 5 RCHK members. The crates will be lined with strong plastic sheets (and holes poked in for water drainage) and then filled with soil. The seeds will then be planted with fertilizer in the arrangement shown below. The crates will be raised on bricks so that there is an easy flow of water.

There will be five crates growing a total of 7 vegetables/fruits. This garden will provide an extra source of food for the members of VF and will decrease the urban heat island effect at VF consequently cutting the costs of air conditioning in their office. These 7 vegetables/fruits will be grown in the summer season and other vegetables will be planted in September for the winter season. The arrangement of the plants in the crates will be as follows:



Project Timeline and Budget

May 26th – start garden at 11:00 AM (RCHK group and VF members)

End of the months June – September – RCHK group checks on garden

Early October – Start the planting of the winter crop

Beginning of the months October – April – RCHK group checks on garden

Budget: \$1,100 HK for initial set-up (May 26th)

- Garden Supplies
- Transportation and Lunch

\$ 400 HK at the beginning of each season thereafter

- Transportation and Lunch